

# Wise Puma Invitational



Dr. Henry A. Wise High School  
12650 Brooke Lane  
Upper Marlboro MD 20772

**Make Checks payable to: Dr. Henry Wise High School**  
**\*\*Questions please contact Fardan Carter 301-633-0720\*\***

**“FAT TIMING”**  
**8 Lane Track**

**March 28, 2009**  
Starting Time 9am  
Coaches Meeting: 8am

**Cost \$100 per Team \$150 Both**

3 Entries per Event and A & B Relays  
Medals for the Top 3

Register Team: [www.coacho.com](http://www.coacho.com)

## Order of Event

### **Track**

1. 400m Hurdles
2. 100/110m Hurdles (semi)
3. 100m Dash (semi)
4. 4x800m Relay
5. 100/110m Hurdles (Final)
6. 100m Dash (Final)
7. 1600m Run
8. 4x200m Relay
9. 400m Dash
10. 3200m Run
11. 300m Hurdles
12. 200m Dash
13. 800m Run
14. 4x100m Relay
15. 4x400m Relay

### **Field**

1. Long Jump
2. Triple Jump
3. High Jump
4. Shotput
5. Pole Vault (Maybe)
6. No Discus