



Cross Country/Track & Field

**William P. Hytche Athletic Center
Princess Anne, Maryland 21853-1299**

**Office: (410) 651-6710
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**UMES COACH O COLLEGE
INDOOR
TRACK & FIELD INVITATIONAL**

WHEN: Friday, January 9th, 2009, beginning at 9:00 A.M.

WHERE: University of Maryland Eastern Shore, William P. Hytche Center, Princess Anne, MD

ELIGIBILITY: NCAA rules will be followed.

FACILITY: Newly **resurfaced** 6-Lanes around the turns, 200 meter Connor Synthetic Track, 6 Lanes Straightaway, blocks will be provided, **locker rooms are available**. Please bring your own towels and locks.

ENTRY FEE: \$200.00 per team Women's and Men's teams separate for a total of \$400.00 for both teams. Remember – entry fees are not participation fees – you pay to be entered in the meet. Make checks payable to University of Maryland Eastern Shore Track & Field. **Please bring your entry fees to the meet on Friday, January 9th, 2009.**

ENTRIES: Go online to **<http://umeshawks.cstv.com/sports/c-itrack/mdes-c-itrack-body.html>** Please limit your entries to 4 athletes per event and 2 relay per team. There will be no limit for entries in the Women's 3000 meter s and Men's 5000 meters

DUE DATE: Entries must be done online at to **<http://umeshawks.cstv.com/sports/c-itrack/mdes-c-itrack-body.html>** by Tuesday, **January 6th, 2009**. It is your responsibility to make sure the entries are done on time.

SCRATCHES: Please go online to **<http://umeshawks.cstv.com/sports/c-itrack/mdes-c-itrack-body.html>** to do your final entries **and corrections on Thursday, January 8th, 2008 by 12:00 noon**. We will not accept any additions to the meet on Friday. Be sure to declare your entries even if you do not have any changes. If you have questions, **Call (410)651-7751 or (410) 651-6710**

QUESTIONS: Ernest Barrett
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