

7th Annual Lyon Newell Charity Throws Meet

Information Sheet

*This throws meet is named in honor of former UMS-Wright student-athlete Lyon Newell who passed away in 2002. During his career at UMS-Wright, Newell was a state champion thrower in track as well as an outstanding football player. Proceeds from this competition will go to the Child Advocacy Center.

Date: Wednesday, March 25, 2009

Location: UMS-Wright Preparatory School
65 N. Mobile Street
Mobile, AL 36607

Events: Javelin, Shot Put, Discus

Completed entry forms due at www.coacho.com by *Monday, March 23*

Time: Warm-ups begin at 2:45p.m. and the competition will begin promptly at 3:15. Please have your athletes at their respective events on time!

Scoring: This is a team scored competition **10-8-6-4-2-1**

Awards: T-Shirts will be awarded to the top 3 finishers in each event

Entry Fee: \$25 per team (\$50 for both girls and boys)

Entries: Limited to top 2 athletes per event per school

For more information please contact:

Pat Galle - 251- 479-6551 x 268
pgalle@ums-wright.org

Event Schedule

- 3:15pm** **Boys Javelin followed by Girls Javelin**
- 3:45pm** **Girls Shot Put followed by Girls Discus**
Boys Discus followed by Boys Shot Put

Notes:

- All Javelin throwers will compete at the same site. The Javelin will be contested off a grass runway.
- Each competitor is allowed 3 preliminary throws. The top 8 athletes will advance to finals for 3 additional throws.
- Minimum Standards: Minimum standards must be met to have a throw measured.

Minimum Standards

	Boys	Girls
DT	110	70
SP	40	25
JV	120	75

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